



Fall 2005 Activity Schedule

September 12, 2005 - December 31, 2005

Registrations are being accepted now.

PARKS & REC INDEX

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www.culpepercounty.gov
(Click on Parks and Recreation)

ARTS & CRAFTS



DECORATE YOUR OWN GINGERBREAD HOUSE

Have you ever wanted to make your very own gingerbread house, but haven't because you thought it would be too difficult or messy? Well, here is your chance. Debbie Boyd, a long time crafter, is going to do all the work for you. She makes the gingerbread from scratch and puts the houses together. All you have to bring is your imagination and decorate. There will be enough candy for the wildest of imaginations. Debbie will be close by to offer any help as needed. Photos of finished gingerbread houses will be on site for inspiration and ideas. Ages 7 & up can pick from the traditional house shape or choose to decorate a bird-house shaped gingerbread house. Space is extremely limited, so please register early!



REGISTRATION DEADLINE: Fri, Dec. 2

Instructor: Debbie Boyd
Location: Community Room,
303 N. Main

Session	Ages	Day	Dates	Time	Fee
1	4-6	Sa	12/10	9:00a-10:00a	\$13*
2**	7-adult	Sa	12/10	11:00a-1:00p	\$15

***Session I:** \$13 for each parent/child pair (One house per parent/ child pair, Additional child in the same family will be \$7; max 1 parent : 2 children)

****Session II:** Option A: Traditional House
Option B: Bird House

HOLIDAY WREATH

WORKSHOP



Everyone wants the best wreath on the block. Right? Well here's your chance to have it! Let Jim Stubblefield, professional florist and former floral designer for Nancy Reagan, show you the do's and don'ts of a make-your-neighbors-envious wreath. All supplies and decorations are included. Feel free to bring any special ornaments or ribbons you want on your wreath.

Session	Ages	Day	Dates	Time	Fee
1	10-adult	Sa	12/10	6:00p-8:00p	\$29

CRAZY QUILT

Have a bunch of scrap material? Well bring all your scraps (minimum 12" squares) and have fun making a 'Crazy Quilt'. Pattern is a required item, but can be purchased from the instructor at the first class for less than \$10.00. First class is a discussion about the quilt and materials, no supplies will be needed at the first class - optional to bring fabric you intend to use for discussion. Supply list and photo of a crazy quilt are available on our website and in our office. Some sewing experience is required

Instructor: Joyce Calhoun

Session	Ages	Day	Dates	Time	Fee
1	13-adult	W	10/12-12/7	6:00p-8:00p	\$40

Location: Pearl Sample Elem., Library

Note: No class 11/23

RECEIVE PARKS AND RECREATION UPDATES VIA E-MAIL!

Sign up for C.A.N.S. (Culpeper Automated Notification System) now online! See page 23 for more information

Pre-registration is required for all activities, unless otherwise noted. See page 24 & 25 on how to register.

Culpeper County Parks and Recreation

Fall Schedule

DANCE

CREATIVE MOVEMENT

Preschool students learn the beginning movements for ballet, including positions. Students take turns moving to different music, beats, and words while learning to create animals, flowers, and butterflies.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session/ Option	Ages	Day	Dates	Time	Fee
1 / A	3-5	M	9/12-10/17	9:00a-9:30a	\$35
1 / B	3-5	W	9/14-10/19	12:30p-1:00p	\$35
2 / C	3-5	M	10/24-12/5	9:00a-9:30a	\$35
2 / D	3-5	W	10/26-12/7	12:30p-1:00p	\$35

Note: No class on 11/21 or 11/23

PRE-SCHOOL TAP

After a fun warm-up, your little one will learn basic tap moves from shuffles to ball changes to noise games with their feet, all set to fun music for kids.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session/ Option	Ages	Day	Dates	Time	Fee
1 / A	3-5	M	9/12-10/17	9:30a-10:00a	\$35
1 / B	3-5	W	9/14-10/19	12:00p-12:30p	\$35
2 / C	3-5	M	10/24-12/5	9:30a-10:00a	\$35
2 / D	3-5	W	10/26-12/7	12:00p-12:30p	\$35

Note: No class on 11/21 or 11/23

HOP N BOP JAZZ

Students learn the basic positioning for dancing to fast beat, fun kid songs. Students learn to follow directions and move to the beat of music. They will learn and dance to familiar songs, such as the Chicken Dance and the Bunny Hop. **(formerly called Boogie Fever)**
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session/ Option	Ages	Day	Dates	Time	Fee
1 / A	3-5	M	9/12-10/17	10:00a-10:30a	\$35
1 / B	3-5	W	9/14-10/19	11:30a-12:00n	\$35
2 / C	3-5	M	10/24-12/5	10:00a-10:30a	\$35
2 / D	3-5	W	10/26-12/7	11:30a-12:00n	\$35

Note: No class on 11/21 or 11/23



PRE-BALLET

We set the foundation of fundamental classical ballet technique. Bar work is introduced at this level. Each subsequent class builds on the techniques learned, so this is quite possibly the most important class we offer! Pre-Ballet is for beginners, regardless of age, to ensure the foundation is set properly. No ballet experience is necessary.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	5-6	Tu	9/13-10/18	11:00a-11:45a	\$40
2	5-6	Tu	10/25-12/6	11:00a-11:45a	\$40

Note: No class on 11/22

BEGINNING TAP

Learn the basic steps and combinations for tap. Students learn the shuffle, shuffle hop step, ball change, and toe heel combinations.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	5-7	M	9/12-10/17	3:00p-3:30p	\$35
2	5-7	M	10/24-12/5	3:00-3:30p	\$35

Note: No class on 11/21

BALLET I / II FOR HOMESCHOOL

We set the foundation of fundamental classical ballet technique. Bar work is continued at this level. This class puts emphasis on reinforcing the proper technique. Preparation for jumps, pirouettes and waltzing are also introduced.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	7-15	Tu	9/13-10/18	12:00p-12:45p	\$85
2	7-15	Tu	10/25-12/6	12:00p-12:45p	\$85

Note: No class on 11/22

HOMESCHOOLERS JAZZ

Students will learn the patterns, turns, routines, and other skills to get moving to the beat. Dance in the style you see everywhere from TV to Broadway.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	8-15	M	9/12-10/17	1:00p-2:00p	\$55
2	8-15	M	10/24-12/5	1:00p-2:00p	\$55

Note: No class on 11/22

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Fall Schedule

HOMESCHOOLERS HIP HOP

Dance to today's hottest hits with a funky beat. Students will learn how to dance to appropriate lyric rap/rhythmic music, Combines the elements of street dancing, which includes styles often seen in today's music videos.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	8-15	M	9/12-10/17	2:00p-3:00p	\$55
2	8-15	M	10/24-12/5	2:00p-3:00p	\$55

Note: No class on 11/21



ADULT BEGINNER BALLET

First, no ballet experience is necessary. Second, have you ever wanted to learn ballet? Or just looking for a different way to get in shape? Then this is for you. This class sets the foundation for classical ballet techniques. Each subsequent class will build on these techniques.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	16-adult	W	9/14-10/19	7:30p-8:30p	\$85
2	16-adult	W	10/26-12/7	7:30p-8:30p	\$85

Note: No class on 11/23

ADULT BEGINNER TAP

This class is for anyone who has dreamed of tapping. Get a pair of tap shoes, start with warm-up, and learn basic tap moves. Each class is progressive and gets more advanced as a student gains more experience.
Instructor: Jennifer Phillips, In Motion Dance
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	16-adult	Sa	9/17-10/22	10:45a-11:30a	\$85
2	16-adult	Sa	10/29-12/10	10:45a-11:30a	\$85

Note: No class 11/26

BALLROOM DANCING I

Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the world's finest ballrooms. Try the Waltz, Cha-cha, Rumba, and Fox Trot, along with others.
Instructor: John Gentile
Location: Community Room, 303 N. Main

Session	Ages	Day	Dates	Time	Fee*
1	16-adult	W	9/14-11/2	7:00p-8:00p	\$40/\$72

Note: *Fee \$40 Individual - \$72 Couple

BALLROOM DANCING II

Pre-requisite: Ballroom Dancing I
This class will be an extension of Ballroom Dancing I. Your ballroom dancing skills will be taken a step further with additional emphasis on leading & following as well as additional turns, moves, and maneuvers. So step up, step out, and let's dance.
Instructor: John Gentile
Location: Community Room, 303 N. Main

Note: *Fee \$40 Individual - \$72 Couple

Session	Ages	Day	Dates	Time	Fee*
1	16-adult	W	9/14-11/2	8:00p-9:00p	\$40/\$72



Swing Dance
see information below

SWING DANCE

Does the music of the big band era get your feet stomping and your head bobbing? Then we have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone or bring a friend or family member. It promises to be fun.
Instructor: John Gentile
Location: Community Room, 303 N. Main

Session	Ages	Day	Dates	Time	Fee*
1	16-adult	W	9/14-11/2	9:00p-10:00p	\$40/\$72

Note: *Fee \$40 Individual - \$72 Couple

HEALTH & FITNESS

SEATED FITNESS

This is a gentle workout that incorporates cardiovascular strength, muscular strength, range of motion, and flexibility, while seated in a chair. Please bring your own water and a towel. These aerobic movements are geared toward those 50 years and older.
Instructor: Sharon Steele
Location: Culpeper County Library – Large Meeting Room

Session	Ages	Day	Dates	Time	Fee
1	50-100	W	9/7-9/28	2:00p-3:00p	\$14
2	50-100	W	10/5-10/26	2:00p-3:00p	\$14
3	50-100	W	11/2-11/30	2:00p-3:00p	\$17
4	50-100	W	12/7-12/28	2:00p-3:00p	\$14

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

Fall Schedule

HEALTH & FITNESS

FIT FOR LIFE

If you need some fun & movement in your life, then come on out and get Fit for Life! This class is full of fun, low impact exercises and aerobic dance moves. The routine uses a chair (for some seated exercises), a face towel, and a set of light weights, which when combined gives you a great workout that is fun and hard to get anywhere else. This program is geared for seniors and those who need a gentle way to get started in an exercise program.
Instructor: Maggie Corradi
Location: The Depot

Session/ Option	Ages	Day	Dates	Time	Fee
1 / A	18- adult	M	9/12- 9/26	10:30a- 11:30a	\$12
1 / B	18- adult	Th	9/8- 9/29	10:30a- 11:30a	\$16
1 / C	18- adult	M & TH	9/8- 9/29	10:30a- 11:30a	\$28
2 / D	18- adult	M	10/3- 10/31	10:30a- 11:30a	\$20
2 / E	18- adult	Th	10/6- 10/27	10:30a- 11:30a	\$16
2 / F	18- adult	M & Th	10/3- 10/31	10:30a- 11:30a	\$36
3 / G	18- adult	M	11/7- 11/28	10:30a- 11:30a	\$16
3 / H	18- adult	Th	11/3- 11/17	10:30a- 11:30a	\$12
3 / I	18- adult	M & Th	11/3- 11/28	10:30a- 11:30a	\$28
4 / J	18- adult	M	12/5- 12/26	10:30a- 11:30a	\$16
4 / K	18- adult	Th	12/1- 12/29	10:30a- 11:30a	\$20
4 / L	18- adult	M & Th	12/1- 12/29	10:30a- 11:30a	\$36

LEISURE LEARNING

BEGINNERS CHESS I

NEW! Have you ever wanted to play chess, but it's just too complicated. Right? Wrong! Join our instructors who will show you just how easy chess is to play. This class is for those who have never played before or have very little experience. How to set up the board, movements of each piece, and simple tactics will be covered in this class.
Instructors: Jack Clark, President Culpeper Chess Club
Christopher Calhoun
Location: Floyd T. Binns

Option	Ages	Day	Dates	Time	Fee
A	6-12	W	9/21- 10/12	5:00p- 6:00p	\$30
B	13- adult	W	9/21- 10/12	6:30p- 8:00p	\$40



BEGINNERS CHESS II

NEW! *Pre-requisite:* Beginners Chess I or playing experience. So, you've taken Beginners Chess I or already know the basics on how to play chess, but still need a little help. You've come to the right place; our instructors will help take your skills to the next level. Topics covered in this class include: more tactics and strategies, additional opening moves, and how to end the game.
Instructors: Jack Clark, President Culpeper Chess Club
Christopher Calhoun
Location: Floyd T. Binns

Option	Ages	Day	Dates	Time	Fee
A	6-12	W	11/2- 11/30	5:00p- 6:00p	\$30
B	13- 100	W	11/2- 11/30	6:30p- 8:00p	\$40

Note: No class on 11/23.

DIGITAL PHOTOGRAPHY

Do you want to get a digital camera? Or do you have one, but don't know what all it can do? This in-depth look at the subtle workings of a digital camera and its functions are what you need to take your photography into a new era. Learn more about using a digital camera in a photographic environment, so you can digitally master your best work.
Instructor: Brian Ashdown
Location: Floyd T. Binns

Session	Ages	Day	Dates	Time	Fee
1	16- adult	M	9/19- 10/24	6:30p- 7:45p	\$45

Note: If you have your own digital camera and/or laptop feel free to bring it, although it is not a requirement.

PAWS, HOOFS, FEATHERS & FINS

ADVANCE PONY RIDING

NEW! Students will learn basic position and commands. Stress is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Parent or other adult must lead horse & child around riding ring while child receives instruction. Students must wear hard sole shoes with a heel. Helmets will be provided and are required. Register early, as only 5 students are accepted.
Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville

Session	Ages	Day	Dates	Time	Fee
1	4-6	Sa	9/17- 10/22	9:30a- 10:00a	\$65

Note: Directions to Ironwood Farm are available on the Department's webpage and in the office.

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Fall Schedule



Ironwood Farm offers English riding lessons on Norwegian Fjord horses.

Fjords are known for their gentle personalities and friendly demeanor.

BEGINNING HORSEBACK RIDING



Students will learn to ride a horse independently at the walk and begin to trot, post and ride in 2-point position. Basic position and commands will be stressed through drills and games on horseback. Students must wear hard sole shoes with a heel. Helmets will be provided and are required. Register early as each session only accepts 5 students.

Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville

Session	Ages	Day	Dates	Time	Fee
1	7-adult	Th	9/15-10/20	4:30p-5:30p	\$130
2	7-adult	Sa	9/17-10/22	10:30a-11:30a	\$130

Note: Directions to Ironwood Farm are available on the Department's webpage and in the office.

K.I.S.M.I.F. Training for Dogs (Keep it Simple, Make it Fun)

PUPPY KINDERGARTEN

Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. We will focus on attention, better behavior, and communication through verbal & visual cues. First class is an orientation for owner only; please leave Fido at home. Must bring copy of current immunization record to first class.
Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main

Session	Ages	Day	Dates	Time	Fee*
1	3-5 months	Tu	9/13-11/1	11:00a-12:00n	\$80

Note: Seniors 55+, 10% discount.
Human ages: Humans 10 & up (under 16 w/ adult)

Beginning Manners

Isn't that new puppy or dog just absolutely adorable? But how about its behavior? Does your puppy/dog need to learn some manners? If so, then here's the solution; bring little Fido out to this class where he/she will learn basic commands, socialization, and dog attention. Any dog, whether they're 4 months or 4 years, can attend. First class is an orientation for owner only; please leave Fido at home. Must bring copy of current immunization record to first class.
Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main

Option	Ages	Day	Dates	Time	Fee*
A	4 months & up	Tu	9/13-11/1	10:00a-11:00a	\$80
B	4 months & up	Tu	9/13-11/1	7:30p-8:30p	\$80

Note: Seniors 55+, 10% discount.
Human ages: Humans 10 & up (under 16 w/ adult)

K-9 Good Citizen

Prerequisite: Must have taken the Beginning Manners, other dog obedience class, or placement by instructor. Does Fluffy listen to your commands only when he wants to? Could he use a refresher course in training? Then sign up now, because here is the class to help you and Fluffy. K-9 Good Citizen training will give you 10 steps to help your dog gain confidence and control. First class is an orientation for owner only; please leave Fido at home. Must bring copy of current immunization record to first class.
Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main

Session	Ages	Day	Dates	Time	Fee*
1	6 months & up	Tu	9/13-11/1	6:30p-7:30p	\$80

Note: Seniors 55+, 10% discount.
Human ages: Humans 10 & up (under 16 w/ adult)



PRESCHOOL

CREATIVE MOVEMENT, HOP N BOP JAZZ, AND PRESCHOOL TAP

See Dance section on page 16 for details

KINDERMUSIK

See Rhythm & Strings section on page 21

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

Fall Schedule

PRESCHOOL



WONDERFUL ONE’S AND TWO’S

Infants and toddlers (ages 6 months - 2.5 years) and their caregivers engage in themed hands-on play, music, and explore creative movement, and interactive stories and a keepsake craft from each class. Please bring a large baby blanket or yoga mat to lie down on and a light snack for your child. Caregiver must be present for entire session. See below for specific days class description. Instructor: Tracy Wormack Location: Community Room, 303 N. Main

ALL ABOUT ME

Celebrate all that makes your little one special. We will learn our body parts and explore the 5 senses. Commemorate the event with a special framed keepsake of your child in action.

Session	Ages	Day	Dates	Time	Fee
1	6 m - 2.5 y	M	9/12	11:45a-12:30p	\$12

PEEK A BOO

What you see is what you get. . . and so is what you do not see. We will explore hiding and finding, treasure hunts, and short term memory development and make a peek a boo page for each child to use at home.

Session	Ages	Day	Dates	Time	Fee
2	6 m - 2.5 y	M	10/17	11:45a-12:30p	\$12

COLORS

High energy antics will abound while we explore textures and colors of feathers, fabric, and many other objects. Children will have opportunity to make a colorful craft.

Session	Ages	Day	Dates	Time	Fee
3	6 m - 2.5 y	M	11/14	11:45a-12:30p	\$12

KID’S CLUB

Join us for fabulous fun each month as your preschooler enjoys themed learning through interactive play using music and movement, exciting storytelling, games, and crafts. Caregiver must be present during entire class session for child who does not separate well or is not potty trained. All caregivers must be present for the last 30 minutes of the class to help his/her child with crafts. See below for specific days class description . Instructor: Tracy Wormack Location: Community Room, 303 N. Main

ALL ABOUT ME

Celebrate all that makes your little one special. We will learn our body parts and explore the 5 senses. Commemorate the event with a special framed keepsake of your child in action.

Session	Ages	Day	Dates	Time	Fee
1	2.5 - 5.5 yr	M	9/12	10:00a-11:30a	\$14

LEAVES

Learn all about fall, the trees, colors, and the leaves. There will be leaf painting and more!

Session	Ages	Day	Dates	Time	Fee
2	2.5 - 5.5 yr	M	10/17	10:00a-11:30a	\$14

HIGH SEA AND TEA COSTUME PARTY

Wear your latest dress-up and costumes (no ghosts, goblins, monsters, ghouls, or witches, please) for a special tea party designed for both pirates and princesses. Children will prepare their own sit-down lunch.

Session	Ages	Day	Dates	Time	Fee
3	2.5 - 5.5 yr	M	11/14	10:00a-11:30a	\$14


Kids Club Continued next column

KID’S CLUB CONTINUED...

HOLIDAYS AROUND THE WORLD PARTY

Travel through different customs and cultures of the winter holiday fun as your preschooler enjoys music, crafts, games, and stories. There will be painting and crafts from different cultures.

Session	Ages	Day	Dates	Time	Fee
4	2.5- 5.5 yr	M	12/12	10:00a-11:30a	\$14



Beginning Tumbling
Instructor Joanne works with student on back flips with the help of an octagon roll mat.

Tumbling for Homeschoolers
see sports section

Beginning Tumbling I

Bring your little boys and girls out to learn the proper ways to tumble through organized play. This is a great class to let your child socialize with others, while they dream of being a gymnast. Parent participation is required to encourage students to participate. Siblings may not attend unless they meet the age eligibility and are registered in the course. Instructor: Joanne Munson Location: Community Room, 303 N. Main

Session/Option	Ages	Day	Dates	Time	Fee
1 / A	3-4	F	9/16-11/4	9:30a-10:15a	\$40
1 / B	2-3	F	9/16-11/4	10:30a-11:15a	\$40
2 / C	2-3	M	9/19-11/21	9:30a-10:15a	\$40
2 / D	3-4	M	9/19-11/21	10:30a-11:15a	\$40

Note: Children must be within age range for class by Sep. 30, 2005.

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Fall Schedule

Rhythm & Strings

KINDERMUSIK OUR TIME

Introduces your child to a musical world filled with singing, imitating sounds, rhyming, sound identification, instrument exploration, and creative movement. Includes activity book, CD's and other items in take-home materials. All to help your child improve confidence, self-control, and communication skills.

Instructor: Jennifer Ramsden,
In Motion Dance Center
Location: 130 W. Culpeper St., Suite B

Session/ Option	Ages	Day	Dates	Time	Fee
1 / A	1.5-3	M	9/12-12/5	11:00a-12:00p	\$250
1 / B	1.5-3	Th	9/15-12/8	9:00a-10:00a	\$250

Note: 12 weeks - No class on 11/21 or 11/24

KINDERMUSIK IMAGINE THAT!

Pairs music with expressive language, storytelling, peer interaction, movement, and pretend play. With all this interaction, your child will further expand his/her cognitive and literacy skills as well as creativity and individuality. Includes at-home materials containing: activities such as illustrated literature books, a pretend play set, CD, and instrument.

Instructor: Jennifer Ramsden,
In Motion Dance Center
Location: 130 W. Culpeper St., Suite B

Session	Ages	Day	Dates	Time	Fee
1	3-5	W	9/14-12/7	12:00n-1:00p	\$250

Note: 12 weeks - No class on 11/23

BEGINNING GUITAR

Do you have a guitar that you intended to teach yourself to play? Do you need a little help learning? Then this is just the class for you. Darcy Canton will teach you the basic strumming techniques and chords to get you started.

Instructor: Darcy Canton
Location: Culpeper Middle School

Session	Ages	Day	Dates	Time	Fee
1	13-adult	Tu	9/20-11/1	6:30p-8:30p	\$50

Note: Must have your own guitar

SILVER CLUB

WHEN: Every Wednesday

TIME: 10:00 a.m. – 2:00 p.m.

WHERE: Culpeper County Library Meeting Room

FEE: \$5 per year

COORDINATOR: Marshall Conner
540-727-3412

How do I join? Simply come on out to the Library on a Wednesday between 10:00 a.m.-2:00 p.m. and talk to Marshall Conner.

Special Note: At the Wednesday meetings, members bring a covered dish to share for lunch.

What is it?...

Parks and Recreation's largest and most vibrant program. Enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects at its weekly meetings . For many



seniors the program provides an environment where lasting friendships are developed.

Don't expect the Silver Club to stay in Culpeper every week. The Club usually takes a trip every two months. Trips have included Cumberland Scenic Railroad, Baltimore's Inner Harbor, Riverside Dinner Theater, Lunch Cruises, National Cathedral in Washington, D.C. and Graves Mountain Lodge. In addition to the larger trips, the Silver Citizens go on smaller trips to local sites of interest.

One way that the Silver Club stays informed is through its speaker program. Over the past year the group has heard presentations from community organizations, police, businesses, county officials, entertainers, historians, authors, storytellers and other notable members of the community.

Speaking of community, the Silver Citizens play an active part within the Town and County of Culpeper. Many serve the community as volunteers and mentors. As a larger segment of the nation's population heads into the autumn of their lives, it's important for county governments to support programs like the Silver Club. The benefits to its members and the community-at-large are immense.

Now is the time to recycle your expertise and life experience and share it with others.

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

Fall Schedule

SPECIAL EVENTS



MOONLIGHT HALLOWEEN CANDY HUNT

Bring your little ghost, goblin, or princess out for some fun and safe candy hunting by moonlight. Bring your little goblin, a flashlight (very important), and a bag for all the candy that will be caught. We'll start the evening inside with a costume contest where prizes will be awarded. Then we'll take the ghosts & goblins outside to hunt down that candy. Costume contest and candy hunt will be divided into 3 age groups: 2-4 yrs (parent participation a must), 5-7 yrs, & 8-11yrs. An adult must accompany all children.

Location: Culpeper Co. H.S.

Session	Ages	Day	Dates	Time	Fee
1	2-11	Sa	10/29	5:30p	See note

NOTE: Fee: \$2 per child in advance
\$3 per child at the door

Time: Admission starts at 5:30p
Costume contest at 6:30p

Tickets can be purchased in advance, please use registration form and include a self-addressed stamped envelope so your tickets can be mailed to you, or stop by the Department's Office.
If by mail, must be received by 10/21.



LETTERS FROM SANTA

Make an unforgettable memory for someone special! Arrange for them to receive a letter directly from Santa's desk in the North Pole.

Please fill out and submit a "Letters from Santa Request Form" available in the Department's office and on our website. All requests must be received by October 28, so that letters can be post marked from the North Pole.

Fee: \$5 per person (one letter per person)



SPORTS



BEGINNING TUMBLING II FOR HOME SCHOOLERS

Bring your young homeschooler out to get some exercise and have fun. The proper ways to tumble will be taught through organized play. Children must be within age range for class by Sep. 30, 2005. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Session	Ages	Day	Dates	Time	Fee
1	5-7	F	9/16-11/4	11:30a-12:15p	\$40
2	5-7	M	9/19-11/21	11:30a-12:15p	\$40

Note: Session 2 - no class 10/17 & 11/14



JUJITSU

Jujitsu is one of the most ancient forms of the martial arts in the world, with origins dating back over 2500 years to China and Japan. This martial art is the practice of self-defense without the use of weapons. The use of throws, holds, and blows are used in conjunction with clever use of the attacker's own weight and strength. The junior class will cover self-defense techniques, conditioning, and grappling. The adult class will focus on the same principles, but much more heavily on the application of techniques.

Instructor: Jason Carrier

Location: Culpeper Middle School

Option	Ages	Day	Dates	Time	Fee
A	11-15	Tu & Th	10/25-12/13	6:00p-7:00p	\$55
B	16-adult	Tu & Th	10/25-12/13	7:00p-9:00p	\$93

CO-ED VOLLEYBALL

A good game of volleyball is a great way to have some fun and get a little exercise. So why not come on out, bring a friend, and make some new ones. Some playing experience is beneficial.

Volunteer Coordinator: Teresa Gore

Location: Culpeper Co. H.S.

Session	Ages	Day	Dates	Time	Fee
1	16-adult	Su	9/18-12/18	7:00p-9:30p	\$55

Note: Sep. 18-Oct. 16 game time will be 6:30p-9:30p

DID YOU KNOW...

Can moderate to low-intensity activity bring benefits? - Most definitely. When done for as little 30 minutes a day, activities such as pleasure walking, climbing stairs, gardening, yard work, moderate to heavy housework, dancing and home exercise have been shown to be beneficial. Again, doing anything is better than nothing.

Source: <http://www.justmove.org/fitnessnews/faqs.html> (7/14/05)

Registration Information & Form on page 24 & 25

Culpeper County Parks and Recreation

Fall Schedule

30 & OVER CO-ED INDOOR SOCCER
Hey guys, just because it's getting dark earlier doesn't mean you have to quit playing soccer for the winter. Let's just go inside. Full payment is due on or before the first night of play.
Volunteer Coordinator: TBA
Location: Culpeper Co. H.S.

Session	Ages	Day	Dates	Time	Fee
1	30- adult	Su	10/23- 12/18	5:30p- 7:00p	\$30

Youth Sport Leagues:

Is your child interested in playing on a sport league? All of the sports leagues in the County are independent organizations. The only information the Parks and Recreation Department has are contact numbers, which are listed below. For more information on the sports leagues, please contact the representatives below.

Football

Culpeper Football Assoc. Larry Boido 540-937-3568	Culpeper Youth Football John Fotenos 540-825-1854
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Baseball

Culpeper Youth Baseball Michael Grant 540-825-8310 Mgrant@culpeperschools.org
--

Basketball

Culpeper Youth Basketball Greg Ward 540-547-9188
--

Lacrosse

Culpeper Lacrosse Association Foundation Scott Found 540-825-3530 www.culpeperlax.com
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Soccer

Culpeper Soccer Assoc. Hotline 540-825-0886 ksportsplayer@msn.com
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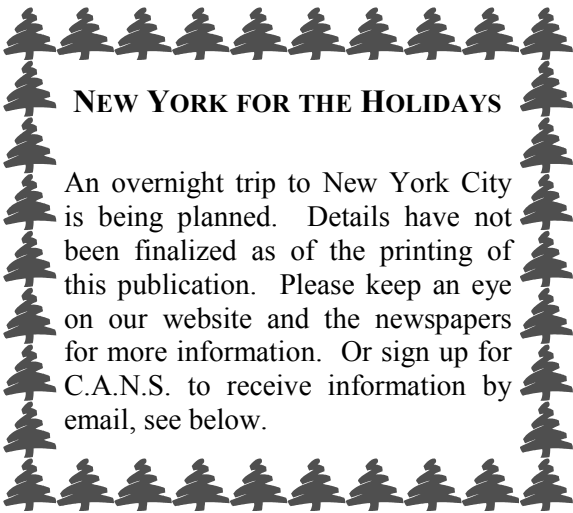
TRIPS



HOLIDAY TOUR OF
THE WHITE HOUSE &
SHOPPING AT UNION STATION

The Department will be offering a trip to Washington, D.C. for a holiday tour of the White House. The trip will take place in December, hopefully either the 3rd or 17th, but the specific day will not be known until November. Groups requesting a tour of The White House, have to be approved and assigned a day & time of tour. Please watch our website and newspapers for specific details. Also, sign up for C.A.N.S. and receive email updates or mail us a self-addressed, stamped envelope (Attn: White House Trip) and a flyer will be sent to you with specific information. As well as touring The White House, a stop for food and shopping will be made at Union Station. **To guarantee yourself a space no matter what the day, please register now!**
Trip Coordinator: Tabitha Riley
Pick up Location: Culpeper Town Square

Session	Ages	Day	Dates	Time	Fee
1	All, under 18 w/ adult	Sa	12/3	7:00a- 3:00p	\$20



NEW YORK FOR THE HOLIDAYS

An overnight trip to New York City is being planned. Details have not been finalized as of the printing of this publication. Please keep an eye on our website and the newspapers for more information. Or sign up for C.A.N.S. to receive information by email, see below.

NOW AVAILABLE,
PARKS AND RECREATION
UPDATES VIA E-MAIL!

Sign up for C.A.N.S. (Culpeper Automated Notification System) now online! C.A.N.S. is our newest communication tool that will be used to improve communications between government, agencies and our citizens. You can receive *The Culpeper Minutes*, a quarterly publication which contains all Parks and Recreation activities and other important County information, also periodic updates regarding activities, special events, theme park or ski lift tickets, and much more by email!

Simply go to www.culpepercounty.gov and click on C.A.N.S. to set up your account.



MASSANUTTEN

Every year, the Department sells Massanutten ski lift tickets, lessons, & rental packages. These packages are normally on sale the first week of December. Please check our website and the newspapers before Thanksgiving for more information or sign up for C.A.N.S. (see above). Please keep in mind, last year we sold out of packages the first day of sale. Also, please save your phone calls, as we will not have any information regarding prices until November.

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Registration Information.....

ALL CLASSES HELD AT FLOYD T. BINNS MIDDLE SCHOOL MAY BE ACCESSED BY THE CULPEPER CONNECTOR 829-0505

Oops!!!

The Culpeper County Parks and Recreation Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Culpeper County Parks and Recreation Department reserves the right to make any necessary adjustments. The Parks and Recreation Department apologizes for any inconvenience these errors or adjustments may cause.

Department & Class Closings....

The Parks and Recreation Office will be closed on all County holidays. If Culpeper County Public Schools decide to close for inclement weather, then all Parks and Recreation classes will be cancelled for that day. The Parks and Recreation Department reserves the right to close a class at any time for any reason.

Registration Policy...

Registration for all of our recreation activities can be done at the Department’s Main Office, located at 155 W. Davis Street, Suite 100. You can also mail in the registration form located in the *Culpeper Minutes* on page 25 with your payment. Full payment must accompany all registrations.

All registered participants will be notified and given a complete refund if the program is cancelled. No phone registration will be accepted. Pre-registration is required, unless otherwise noted in the description, as all of our classes are limited in size. We accept cash and checks made payable to Culpeper County Parks and Recreation. At this time we are unable to accept credit cards for payment.

**Register Early, or
it may be CANCELLED**

Decisions on whether or not a class will be cancelled, based on the number of registered participants, is made **3 days prior to the first scheduled meeting date.** The minimum number of participants must have signed up by this time, otherwise the class will be cancelled. Sometimes excellent courses with awesome instructors are cancelled, if everyone waits until the last minute to register.

If the minimum has been reached, but the class is not yet full, registrations will continue to be accepted until the first day of the program, unless otherwise noted in the program description.

There is a minimum number of participants required, so that the class will be productive to the participants and to cover the costs associated with the operation of the class; such as, instructor pay, supplies, and facilities fees. Please **register early** to avoid disappointment for yourself, others, and the instructor.

ADDRESSES FOR LOCATIONS USED

Facility	Address		City
Community Room	303 N. Main Street, 2nd Floor	(between Duncan Bros. & Family Hair Center)	Culpeper
Culpeper Co. H.S.	14240 Achievement Drive		Culpeper
Culpeper Co. Library	271 Southgate Shopping Center		Culpeper
Culpeper M.S.	14300 Achievement Drive		Culpeper
The Depot	113 South Commerce Street		Culpeper
Emerald Hill Elem.	11245 Rixeyville Road		Culpeper
Floyd T. Binns M.S.	205 East Grandview Avenue		Culpeper
GW Carver Piedmont Tech	9432 James Madison Highway	(6 miles out Rt. 15 S. on left side)	Rapidan
Pearl Sample Elem.	18480 Simms Drive		Culpeper
Spilman Park	3543 Colvin Road		Jeffersonton
Sycamore Park Elem.	451 Radio Lane		Culpeper

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper Parks and Recreation Program Registration

How to Register

By Mail

- Complete a registration form and mail with payment, cash, check or money order payable to: Culpeper County Parks and Recreation, **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
- Please include a self-addressed, stamped envelope, if **you require** registration confirmation.

Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).

Additional Registration and Program Information

Registrations:

- Registrations are welcome upon distribution of class information. Full payment must accompany registration in the form of cash, checks, or money order.
- Registrations are accepted on a first come, first served basis.
- Telephone registrations will *NOT* be accepted.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class date, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full prior to the registration deadline. After the registration deadline refunds, less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM or visit cancellations.com.

CULPEPER COUNTY PARKS & RECREATION REGISTRATION FORM

(PRINT CLEARLY)

One form per person per program - photocopies acceptable or form is on internet

OFFICE USE ONLY	
Amount Paid _____	Cash _____
Balance Due _____	Check# _____
Date Paid _____	Other _____

Program Name: _____ Dates: _____ Time: _____ Cost: _____

Session: _____ Option: _____ Day(s): M Tu W Th F Sa Su

Participant Name: _____ ☐M ☐F Age/Grade: ____/____ Birth Date: ____/____/____

Mailing Address: _____ City / Zip: _____/_____

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (_____) _____ Wk: (_____) _____ Cell: (_____) _____

Email address: _____@_____ (will never be sold or distributed)

Parent/Guardian(s) Name (if participant is under 18): _____

Emergency Contact: _____ Relationship: _____

Phone: Hm: (_____) _____ Wk: (_____) _____ Cell: (_____) _____

Media Release: ☐YES ☐NO **INITIAL** _____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, for educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature. In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors. It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (17 yrs & older)

Parent / Guardian Signature (if participant 17 or younger)

Date

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - P: (540) 727-3412, F: (540) 727-2802, Website: www.culpepercounty.gov

Pre-Registration is required for all Activities unless otherwise noted in the description.

Culpeper County Parks and Recreation

What’s Going On?

CULPEPER RECREATION FOUNDATION, INC. - P.O. Box 36, Culpeper, VA 22701

The Culpeper Recreation Foundation, Inc. has made progress on raising funds for the County Complex. **Trigon Development** has pledged \$100,000.00 over five years. **Second Bank & Trust** has pledged \$37,500.00 over five years. **Greg and Liz Yates** have given \$25,000.00. **Joseph R. Daniel** is giving \$25,000.00, and **Cedar Mountain Stone** has pledged \$25,000.00 over five years. **Wachovia Bank** has pledged \$5,000.00, and **Virginia Community Bank** has pledged \$5,000.00 over five years.

Hunter Spencer is giving his services as an architect to design and do basic plans for the two concession stands and restroom buildings. **Ben Tissue** is giving his services as a landscape architect to design a landscape plan for the complex. **The Piedmont Virginia Building Industry Association** is investigating coordinating and building the two concession stand buildings.

We have many more contributions under consideration and many more contacts to make. The response has been gratifying. Our priorities for the money contributed are first the outfield fences for the baseball fields; second the concession stands and restroom buildings; and third scoreboards and bleachers.

CULPEPER COMMUNITY COMPLEX

Have you seen it yet? Have ya? It really looks cool and is really coming together. That’s what the chatter is around the County and Town these days. Those that have seen it are telling friends to go and take a look.

Residents are abuzz about the Culpeper Community Complex located at the corner of Route 666 and Route 29. The district park is in the final stages of completion. The icing on the cake will soon be green with turf. It’s an exciting time in Culpeper history and more exciting for all residents.

The football goal posts are standing tall and firm and the baseball fields are defined by the distinct backstops and fencing down the 1st and 3rd base lines. The soccer fields are currently vast open areas, but soon will take on a more distinct shape as the turf becomes visible.

The development of the 59-acre district park has been long-awaited. From the initial concept, to voters’ approval of the referendum, to the first shovel at the groundbreaking ceremony, waiting has now become a reality. The following is a sequence of project events:

April 2004	S.W. Rodgers is awarded construction contract
June 2004	County holds groundbreaking ceremony
June 2004	S.W. Rodgers begins earth movement at Complex site
August 2004	The Virginia Department of Transportation awards Recreational Access Grant to County for the widening and paving of Jonas Road, from the intersection of Route 666 into the Culpeper Community Complex
November 2004	Earthworks Sprinkler Unlimited is awarded the contract to install in-ground water irrigation system for all athletic fields
March 2005	Environmental Quality Resources is awarded the contract for wetlands mitigation
April 2005	Earthworks Sprinkler Unlimited begins the installation of the in-ground water irrigation system
May 2005	Premier Sports Fields, LLC is awarded with the athletic turf contract
June 2005	Irrigation system is completed
July 2005	Testing of well house pump that will provide domestic water for the athletic fields irrigation system and potable water for later use
	County staff is briefed on pump house and irrigation system operations
	Turf strategies begin for the grow-in and maintenance of field turf on the Complex athletic fields
	S.W. Rodgers completes work at site, finalizes punch list
Summer 2005	Projected date for the completion of the Jonas Road project
Spring 2006	Targeted date for grand opening of the Culpeper Community Complex phase I.

It is the aim of Culpeper Recreation Foundation, Inc. and the Parks and Recreation Department to form conceptual plans to build adult softball fields when additional land becomes available.

For **pictures** of current developments at the Community Complex, please visit our website at:
www.culpepercounty.gov
(click parks and recreation).

SPILMAN COMMUNITY PARK, located in Jefferson District on Route 621 provides district residents with a park that offers a natural and serene setting. A walking trail meanders through a portion of the property, revealing to visitors the native plant life and animals of the area. Opportunity for limited activities is available for families and small organizations. The community park offers a preschool playground, picnic pavilion, trails, a multipurpose ball field and peacefulness.



155 West Davis Street, Suite 100
Culpeper, Virginia 22701

Phone: (540) 727-3412

Fax: (540) 727-2802

Website: www.culpepercounty.gov